

Held FAQs

1. Who can attend?

This evening is open to any woman who has experienced the loss of a baby through miscarriage, stillbirth, or a similar loss. We also warmly welcome women who are currently pregnant after loss, walking through infertility, or those who simply desire to come alongside and support a friend, sister, or loved one.

2. What if my loss was a long time ago?

There is no timeline on grief, and your story still matters. Whether your loss was weeks, months, or many years ago, you are invited to come and remember. This evening is a gentle space to honor your baby, reflect, and be surrounded by other women who have experienced a similar loss.

3. Can I invite a friend who doesn't attend College Park?

Absolutely. This evening is open to all women, whether or not they attend College Park. If you have a friend or loved one who could benefit from a space of remembrance, prayer, and support, they are more than welcome to join you.

4. What should I wear?

Please come as you are. There is no dress code—wear whatever feels most comfortable to you. Whether that's something cozy and casual or something a bit more dressed up, you are welcome here just as you are.