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From: Grandparents <grandparents@yourchurch.com>
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To: Grandparents
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Only take care, and keep your soul diligently, lest you forget the things that your eyes have seen, and lest they depart from your heart all the days of your life. Make them known to your children and your children's children. (Deuteronomy 4:9 ESV)

Important Dates

September 17-October 29

Grandparenting Matters Class

This is a seven-week class designed to help grandparents be intentional and purposeful in the live of their grandchildren. This is for grandparents of all ages and will provide a vision for grandparenting, as well as tools for issues like broken relationships and grandparenting from a distance. This video series is led by several College Park grandparents. Join at any time! [Learn More](#)

October 19-20

Dessert Night Recap with Ryan and Carol Berg

Anxiety is, statistically, the #1 issue that students are facing today as they go back to school. Unprocessed and unresolved anxiety issues function as catalysts for other more life-dominating issues that students deal with.

Grandparents can help by managing their own anxiety and helping their grandkids do the same. Ryan Berg instructed us in strategies that reduce anxiety by noticing, naming, and diffusing.

Legacy Grandparenting Summit

These two inspiring days will help you build your spiritual legacy.

Attend live in Dallas, TX, or [attend a simulcast at Heather Hills](#).

Read more about the conference below. We hope you'll attend!

[Learn More](#)

Fall Apple Activities

We can enjoy the autumn season with our grandchildren and do fun things with the “apples of our eyes”—our grandchildren! The term “apple of my eye” was first used in Scripture and refers to that precious part of the eye, the pupil, where the “little man” could be seen as a reflection when looking into another’s eyes. As you visit an orchard, bake a pie, or eat a caramel-dipped apple with your grands, discuss why God calls us the apple of his eye is Ps. 17:8-9.

Activity #1: Apple Tower STEM Challenge

Using straws, tape, and scissors, have your grandchildren design and build a tower that can support the weight of an apple. Challenge them to see how tall they can build it!

Just like when Ryan was a kid, grandparents can have a meaningful and lasting impact for Christ in their grandkids’ lives.



CPC grandparents packed out the East Room at Dessert Night on August 14.



Nearly 80 grandparents were welcomed into the East Room with tables laden with delicious home baked goods. Participants were invited to take home a doggie bag of treats too. Our next Dessert Night will be in February.



Recommended Resource

We are thankful we can bring our concerns, cares, and thanksgivings to God on behalf of our grandkids. Here's [*A Back to School Prayer*](#) guide by Melissa Krueger.

National Legacy Grandparenting Summit

A Recommendation from the Carters

Have you heard that the only national conference on Christian grandparenting in the US is coming up this October? A simulcast is being offered in two Indianapolis locations, and we have an opportunity to participate.

Legacy Coalition is a national Christian organization that exists to help grandparents “find purpose and have a greater spiritual impact on their grandkids’ lives.” Once a year the Legacy Coalition has a national event. Attendees will hear speakers in 8 sessions. Worship is woven in as well as fellowship with other grandparents who are on this same journey and face the same challenges as we do.

Activity # 2 Perfect Apple Pie

This tried-and-true apple pie recipe comes from Jo Dinsmore. It involves using the microwave to partially bake the pie prior to placing it in the oven to finish baking. It comes from Betty Huizenga’s Apples of Gold mentoring book/study.

Ingredients:

6-8 apples, peeled & sliced (mix of Granny Smith, McIntosh, or Michigan Spy work best)
1 - 1 2/2 C sugar
3 T flour
1 heaping tsp cinnamon
1/2 tsp allspice
1 package Pillsbury refrigerated pie crusts
1 egg white
1 tsp cold water

Directions:

Pre-heat oven to 375 degrees. Peel the apples and slice them into a large mixing bowl. In separate bowl, mix together sugar, flour, and spices and then stir this mixture into the apples. (If the apples aren’t very tart,

toss them with some lemon juice before adding the sugar mixture.) Roll out each of the refrigerated pie crusts to make them into bigger circles and thinner crusts. Put the bottom crust into a glass pie plate and fill with half of the apples. Put dots of butter (about 1 T) over the apple mixture. Add the rest of the apple mixture and dot with another tablespoon of butter. Place the top crust on the pie and flute the edges. Mix egg white with 1 tsp cold water and then brush it over the top and edges of the pie crust. Sprinkle crust with sugar. Cut 4 slits in top crust. Bake in microwave on high for 11 minutes. Then finish baking in pre-heated conventional oven for 20 minutes or until nicely browned. (The time in the microwave is the secret to perfect flaky crust and apples that are cooked just right.)

[Heather Hills Baptist Church](#) (1421 N. German Church Rd., Indianapolis) is simulcasting the sessions from 8-5 on October 19 & 20. Pastor Don and Cheryl Bartemus will be going.

[Castleton Community Church](#) (5825 E. 91st St., Indianapolis) is also simulcasting most of the sessions on Saturday, Oct. 21 from 9-4.

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