

Abby DuBois

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CPC-Women's Winter Bible Study: ALL In

With ALL my Heart

Do you see me?

Turn: Lord Jesus Christ, grace is found in You. Father God, love is found in You. Holy Spirit, fellowship is found in You. (2 Corinthians 13:14). My heart, soul, mind and strength are weak before you. You are King over all. By Your Spirit, I turn to You.

Complain: Father, You have given my heart a deep and painful examination through this study. Pulling back the secret door to the basement of rock bottom felt scary, messy, and out of control. The chaos of my ugly cry feels embarrassing because I look such a mess before You and others when it happens. I feel shame over my tears believing that only babies should cry, that this is my weakness as a woman, that I should simply muster up strength, stuff the emotion, and try to hold the beast down. When this space gets triggered, I hurt others and even become physically ill, fighting this exhausting war within myself. And then, I feel lonely.

Ask: Lord, heart is where the home is. When I turn so deep within myself, I cry out, "Where are You, God!" When I slay the scene to keep the thing down and I find myself alone, I cry out, "Where is my neighbor?" I am weary of my own blindspots and clouded vision. Wash my eyes with these tears and help me to see as You see. Will you help me release my grip on my illusions of control? Will you help me go deeper in Your love individually and communally? I am afraid of being a fool. Can I trust you?

Trust: Forgive me for not trusting You, Your ways, Your slow pace. I have found areas of my heart dwelling in the earthly home that is in a constant state of decay. You are my home. You are my treasure. Settle my heart in Your love. Purge my sin that Your Word and Spirit may dwell more richly in and through me. You are my hope, my comfort, my strength, and my peace. I love You, and I trust You. In Christ Jesus, Amen.